FAMILY AND ITS ROLE IN PREVENTION FROM SOCIAL DAMAGES AMONG ADOLESCENTS

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ABSTRACT
Due to rapid social, cultural and technological changes in modern communities, the period of adolescence is followed by abundant physical, mental and social problems for a number of adolescents. The present study using a sociological and psychological approach seeks to achieve various types of social damages among boys and girls in the first year of high school in Mashhad and represent some approaches to meet the needs concerning role of parents. The sample size (395) has been selected using simple random sampling method. As the present study has aimed to investigate the most important social damages in points of view of students, thus the present study has been considered as a survey, that the students' views have been collected and analyzed using questionnaire. Reliability coefficient of this questionnaire has been estimated equal to 0.78 based on Cronbach's alpha method. The data obtained from this research have been analyzed using descriptive statistics (frequency, percent, mean, standard deviation and charts) and inferential statistics (Spearman correlation coefficient and two-way analysis of variance).

Keywords: Social Norms, Family, Educational Agents, Social Damages, Friend Group

INTRODUCTION
Family is the most important social entity and the smallest core at the community which is developed from a man and a woman (Navabi, 2007). Family is the first and the most important and exuberant social entity in history of human culture and civilization (Afrouz, 2011). Without doubt, family is the most important entity in which the child's social, mental and physical development fulfills and he/she reaches to social, mental and physical balance. Socialization and familiarity to cultural rules, roles and values fulfill in the family and the child in his early interactions with family transforms to a social creature (Sadat, 2004). Family is a healing and relief center, in which mental pressures to the members reduce and development and growth extend. If family environment be a healthy and constructive environment for family members and meets the members' physical and mental needs, fewer behavioral and mental disorders and family and social damages will occur (Sanaei, 1994), so that the health and prosperity of family rely on health and dynamism of family system (Afrouz, 2010). In general, family is a global phenomenon for everyone because it meets those needs of people that are common among them. Family as a social entity encompasses most of human relations; further, family, in addition to be an early source to meet the person's fundamental needs, is important in sake of providing various situations for social life and exploiting from cultural heritage and transfer of it (Tajik, 1996). Since family is a social entity and a way to transfer the social values and standards to the child, it is highly important as a means in sake of impact of social environment on the adolescents. Home and family is a place in which adolescents seek healing for their failures, losses and injuries and wounds so as to relieve their pains. Home is a center, in which the person's early social experiences emerge, and then his experiences are evaluated, admired and encouraged or neglected, yet he/she only learns from his/her experiences (Saei et al., 2004). Now, with regard to the enormous role of the family in formation and development of personality in children, damage emerges among children and adolescents when any violation occurs in community and family. The factors which cause emerging behavioral damages especially among adolescents are divided into three groups: educational, social and economic factors. In this regard, the researcher aims to identify the important factors which affect emergence of behavioral damages among adolescents so as to represent an effective solution for better recognition of behavioral damages among adolescents and planning for...
considering prevention approaches. With regard to extension, nature, time and place of the area under study, several points must be taken into account:

Social damages as a serious threat have jeopardized health of children and adolescents. Growth of urbanization, emergence of mass community, conflict among norms, the disintegration of relationships between individuals, impact of peer group and so forth have made attention to social damages unavoidable. However, social damages can be so much extensive, they can be attributed to the problems such as addiction, runaways, violence, social isolation, behavioral abnormalities and theft which are regarded as the outcomes from social damages in current age.

**Problem Statement**

While an increasing number of damages emerge in community, it cannot ignore the reality from the secret for the correlation between social damages and inconsistency between social structure of communities and institutions regulating relations between individuals especially family. It is almost believed that the main origin for increasing social damages must be sought in sub-layers of community, that is, family. An adolescent as a social creature is always in contact with other individuals especially family members, where adaptive or maladaptive behavior is the result from permanent processes and mutual interaction between family members.

Social environment influences, limits, controls, adjusts and/or changes the person's behavior, and the person's social life is under dominance of social norms and rules which govern community and family (Giddens, 1994). All families and communities based on their cultures and sub-cultures have their own norms which govern individuals' behavior. They also have various mechanisms of social control to exercise norms, which they forbid incoherent interactions, punish norm breakers, and encourage those who adapt with social norms. With regard to all aforementioned, systems of behavioral disorders have centered at adolescents' actions and movements, so that 13.3% of students at third grade of high school have been exposed to drug abuse concerning the official announcement of trustees (Monthly journal of prevention from crime, 2009).

On the other hand, it can witness that self-image, self-concept and self-perception which are of the components of internal capabilities enable to provide the areas to understand the adolescents as individuals in charge of duties and responsibilities, and also these internal capabilities in the family can be used to empower adolescents' internal capacities (Ahmadi, 1998, p. 88).

Human is the only creature that obliges to live in the community to sustain on his life, economic adaptation, personality development and so forth, where the social relations especially among adolescents and being influenced of the norms governing family are drawn into attention. Bond within families is an area for behavioral formation of adolescents and training rules of community that can conduct them towards social norms and/or the correct path of life.

Naturally, economic conditions, family relations, parents' occupation and so forth have an important effect on emergence of social damages among adolescents, which enable move them towards social norms (Wright and Fitzpatrick, 2006). In this regard, the questions below are asked:

- Whether it can pave the way to provide social activities within family and school, and whether a relationship exists between extent of adolescent' behavioral damages and how to treat with student, suitable rewards and considering his status and so forth?
- Whether economic and social characteristics of students' parents play a major role in extent of social damages?

**Aims**

**General Aim:** recognition of effective factors especially family in behavioral damages of boys and girls in the first year of high school in Mashhad

**Secondary Aims:**
- determine the relationship between students' family characteristics and extent of behavioral damages in students
- awareness from education problems in adolescents and its relation with behavioral damages
- represent suitable approaches
Research Article

Research Importance
In point of view of Bowros Kowen (quetoed from Sobhani, 2005), family is the first social entity which is accounted as the infrastructure for social life, undertakes various duties such as economic activities and the person's socialization in addition to the childbearing and child rearing.

Further, family as an interface agent plays a major role in transfer of social norms and cultural heritages before the person's direct relation with groups, organizations and social entities. As the family is in touch with the community, the person's social entity highly relies on family's social entity.

Yet, enormous changes in communities that have occurred due to movement from traditional life to industrial life have led to emergence of the gaps which have obliged humans to adjust themselves with new conditions.

In such an aspect, crises will emerge in families that change the mental and physical status of family members, yet it is obvious that preventive combat with social damages will come to realize only with serious academic research which are based on investigating percent of outbreak of these conflicts among different age groups and collaboration of beneficiaries.

On the other hand, in current age, to foster a new generation to meet development aims of country, the need to use all capacities, opportunities and facilities is felt.

In this regard, the researcher with a scientific view attempts to identify important components affects emergence of social damage among adolescents so as to represent an effective solution for better recognition of behavioral damages among adolescents and planning for considering prevention approaches.

Research Questions

Major Question
-what are effective factors in behavioral damages among students in in the first year of high school in Mashhad?

Secondary Questions
1-what are the most important educational problems of adolescents?
2-what are the adolescents' needs and expectations from family?
3-is there a correlation between family characteristics of students and behavioral damages?

Research Method
The sample size (395) has been selected concerning simple random sampling method.

Scoring has been fulfilled based on Likert scale and the response has been given to the questionnaire by the researchers at the area.

The sample size based on Krejcie and Morgan table has been obtained as follow:

\[
\text{Sample Size} = \frac{Z^2 NP (1-P)}{D^2 (N-1) + Z^2 P (1-P)}
\]

where n, Z, and d represent the sample size, standard score and accuracy degree to generalize the results from sample group to the statistical population, respectively, and p equals to 0.5. To select sample size, the region was divided into three regions in geographical aspect.

First, second and third region includes well-equipped, semi-equipped and disadvantaged schools.

Scoring Questionnaire
Likret questionnaire has been used for scoring the questionnaire. Some options were considered for each item that rarely(0), very low (1), low (2), high (3) and very high (4) have been specified for each item, so that 4 represents such a behavior at a very high level, and 0 represents lack of this behavior.

In this regard, correlation between status of family and school and extent of behavioral damages among students was examined.

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**Research Article**

**Table 1: Correlation between status of family and school and extent of behavioral damages among students**

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<th>Use of alcoholic beverages</th>
<th>Relationship with the opposite sex</th>
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**Relationship with the opposite sex**

Correlation coefficient

Violent behavior

Watching unauthorized films

Use of alcoholic beverages

Lack of suitable clothing

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-there is a direct relationship between mother's and father's education status.
-there is an inverse relationship between father's education status, watching unauthorized films, Lack of suitable clothing, Relationship with the opposite sex a
nd leaving the house without permission.
-there is an inverse relationship between mother's education status, watching unauthorized films, leaving the house without permission, use of alcoholic beverages, lack of suitable clothing, improper use of mobile phone.

It can observe that:
- Student absenteeism has been almost seen in region 1, and student absenteeism has been least seen in region 3.
-Checking students' homework by students has been least seen in region 2.
-the most suitable teacher-student interaction is seen in region 3. Concerning gender, the most suitable
teacher-girl student interaction is seen in region 2 and the most suitable teacher-boy student interaction is seen in region 3.
- Considering wrongdoer student's status has been highly seen in region 1.
- Encouraging students has been highly seen in region 3.
- Discriminatory attitude towards students has been highly seen in region 3.

### Table 2: Intraclass correlation

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<th>Encourage students</th>
<th>Consider wrongdoer student's status</th>
<th>Good teacher-student interaction</th>
<th>Good use of the abilities of students</th>
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Table 3: Mean of evaluation of extent of social control in School

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<th>Discriminatory attitude towards students</th>
<th>Encourage student's</th>
<th>Consider wrongdoer's status</th>
<th>Good teacher-student interaction</th>
<th>Good use of the abilities of students</th>
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According to intragroup correlation, it can observe that there is an inverse relationship between good teacher-student interaction and discriminatory attitude towards students, i.e. the more suitable teacher-student interaction is, discriminatory attitude towards students reduces.

It can observe that:
- smoking, the use of unauthorized sites, drug addiction, unhealthy relationship with friends, improper use of mobile phone have been seen in region 1 rather than other regions.
- Violent behavior, watching unauthorized films, Relationship with the opposite sex, leaving home without permission, use of alcoholic beverages, Lack of suitable clothing have been seen in region 3 rather than other regions.

More interestingly, mean of lie is more in region 2 rather than other regions, and also it is conveyed as the most important damage in points of view of students.

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### Table 4: Mean of extent of behavioral damages in friends group concerning region

<table>
<thead>
<tr>
<th>Region</th>
<th>Improper use of mobile</th>
<th>Drug addiction</th>
<th>Drug use</th>
<th>Relationship with the opposite sex</th>
<th>Leaving the house without permission</th>
<th>Violent behavior</th>
<th>Drug use</th>
<th>Watching Unauthorized films</th>
<th>Watching Satellite Drug addition</th>
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### Findings

First question: what are the most important educational problems of adolescents?
Findings of this research indicate that:
The most important improper behaviors among adolescents include:
1. Insult
2. Smoking and drug and alcohol use
3. The relationship with the opposite sex
4. Violence
5. Watching pornographic movies, satellite and unethical sites
6. Lack of suitable clothing
7. Improper use of mobile
8. Having bad friends
9. Leaving the house without permission

The most important improper behaviors among adolescents in view of girl students in turn include relationship with the opposite sex, lack of suitable clothing and leaving the house without permission. The most important improper behaviors among adolescents in view of boy students in turn include Violence, Smoking and drug and alcohol use and relationship with the opposite sex.

It can observe that:
- Smoking, the use of unauthorized sites, drug addiction, unhealthy relationship with friends and improper use of mobile phone are seen more in region 1 rather than other regions.
- Violence, watching unauthorized films, relationship with the opposite sex, leaving the house without permission, alcohol use and lack of suitable clothing are seen more in region 3 rather than other regions.
- more interestingly, mean of lie is more in region 2 rather than other regions, which is considered as the most important damage in view of students.
- concerning behavioral damages in students, watching unauthorized films, leaving the house without permission, alcohol use, lack of suitable clothing, improper use of mobile phone, drug abuse, watching satellite, use of unethical sites and drug use have been seen in students in region 2 rather than other regions.
- Mean of behavioral damages concerning relationship with the opposite sex, leaving the house without permission, alcohol use and drug use has been seen more in region 3 rather than other regions.
- watching satellite and use of videos of foreign bands can be seen more in students in region 1 rather than other regions. In general, extent of behavioral damages is seen more in girls rather than boys, and maximum mean for the extent of behavioral damages relates to use of videos of Iranian bands, and minimum mean for the extent of behavioral damages relates to use of alcoholic beverages in girls and drug addiction in boys.

The most important improper behaviors among adolescents in view of girl students have been in turn considered as relationship with the opposite sex, lack of suitable clothing and leaving the house without permission; the most important improper behaviors among adolescents in view of boy students have been in turn considered as Violence, smoking, drug use, use of alcoholic beverages and relationship with the opposite sex.

With regard to cultural transmission theory, it can perceive that individuals resort to crime through consistency with others. From the early current century, sociologists have perceived that extent of crimes goes above in particular neighborhoods. Residents at these neighborhoods resort to crime through consistency with others. Since people are always subjected to people with a lot in common with them this question is asked "what agent causes consistency between their behavior and other social groups?"

In this regard, this theory exists that three factors affect rise of problem among adolescents:
1- Intensity of contact: if a person born in family whose members are distracted, he will be more likely exposed to violence.
2- Age of contact: it has been specified that the person will be more likely influenced of others during puberty
3- Extent of contact: The adolescents who are more likely in contact with wrongdoing individuals, will be more likely exposed to violence (Ali, 1994).
It is believed that the need for acceptance of belonging is vital in the period of adolescence. The adolescents who are isolated or have been rejected by their peers are more likely exposed to risky behaviors for being accepted in a group. Under such situations, pressure by peers can be applied to make the adolescents far from family and induce the adolescents to risky behaviors and activities. For instance, adolescents with learning differences or various types of disabilities are almost rejected due to the improper behaviors with their age. Hence, joining them to other peers has been rejected and violence will come to realize. In points of view of some experts, girls due to the need for love and acceptance by others are more likely exposed to sexual abuse. Negative and strong effects of peers can oblige an adolescent to the selections which induce him to behaviors in violation of family values. This must be considered in education center to prepare and empower adolescents in acceptance of socialization and responsibility-taking in the sixth development plan.

Second question-what are the adolescents' needs and expectations from family?

Findings of this research indicate that:

Generally, students' needs and expectations from family include:
1. meet material needs and have healthy entertainments
2. respect the child's personality and understand him and have comfort at home
3. lack of discrimination among children
4. attention to children by parents and close interaction with the child
5. giving right of freedom to the child and lack of severe control
6. lack of violence at home
7. respect the children's views

The results above can be used in regulating priorities of sixth plan.

Priority of students' needs and expectations

Students' needs and expectations have been similar in boys and girls, and the priority of their most important expectations from parents includes:
- attention to the children
- close interaction with children
- meet material needs and have healthy entertainment
- respect the child's personality and have comfort at home

Nai (1958) in his studies concluded that family variables such as parent-child relationship, family commitment, discipline and supervision and social-economic origin have a significant relationship with adolescents' crime.

Hishri (1969) in social control theory test perceived that adolescents' commitment to parents and spending more time with their parents reduce adolescents' tendency to crime.

Third question-is there a correlation between family characteristics of students and behavioral damages?

Findings of this research indicate that:
- there is an inverse relationship between father's education status, watching unauthorized films, relationship with the opposite sex, lack of suitable clothing and leaving the house without permission.
- there is an inverse relationship between mother's education status, watching unauthorized films, leaving the house without permission, alcohol use, lack of suitable clothing and improper use of mobile phone.
- there is a direct relationship between leaving the house without permission and drug use by father and violent behavior by brothers.
- there is a strong direct relationship between Relationship with the opposite sex, improper use of mobile phone, and use of unethical sites.
- there is a strong direct relationship between drug addiction in student and use of unethical sites, and watching satellite.
- there is a direct relationship between drug addiction in students and brothers' and sisters' violent behavior.
- there is a direct relationship between lack of suitable clothing and watching satellite.
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- There is a direct relationship between improper use of mobile phone by student and drug abuse and watching satellite by father.
- There is a direct relationship between drug abuse by father and watching unauthorized films, leaving the house without permission, alcohol use and improper use of mobile phone.

According to the table, it can be observed that drug abuse by father has a direct effect on all behavioral damages of family members, that this result has more emphasis on huge effect of father's behavior on family members.

According to authoritative Islamic traditions which say lie is the main origin for all sins, it can be observed in this table that most of behavioral damages in students have a direct relationship with lies and back biting by family members.

In a study (2002-2003) by researchers in Zanjan County, the results below have been obtained:
1- The more parents' education level is higher, their children will be more prepared to resolve their problems and they will be less exposed to problems, because the life of people with higher education is based on planning, for which little time will be spent rather than people with unplanned life.
2- Smoking in family causes learning by students and removal of bad habit of smoking.
3- Mothers and fathers must take essential consideration on how to treat with their children and provide a favorable environment for development of their children's abilities, because cold environment causes the children escape from family.
4- The more children consult with parents, they will be less exposed to smoking. Close relationship between parents and children is one of the important factors to avoid smoking.
5- The more children adhere to rules and regulations at school, distracts will be less observed in them.
6- If the social atmosphere and normative pressures go beyond at school, school can have influence on children rather than family.
7- The more adolescents adhere to moral and religious trends, they will less give response to these trends.

CONCLUSION

Conclusion and Suggestions

Most of the results from social pathology can be classified as follows:
To avoid worrying phenomena and adolescents' problems, all the entities, social and cultural custodians, and mass media must altogether make efforts to organize deals, and consider the factors below to combat with social damages. Normalizers at the community must pay attention to this point that refraining adolescents from video, satellite and internet networks will not be a rational approach to avoid adverse effects of these devices, but it must make an attempt to increase accurate selection through the process of socialization among family members.

Causes of Social Damages
1- Intellectual and emotional gap between parents and children, ethical weakness
2- Bad friends and pressure by peer group
3- Parent's improper treatment
4- Age characteristics
5- Negative effects of virtual networks and satellite
6- Adolescents' lack of awareness from social skills
7- Lack of a suitable culture to use modern technologies such as internet and satellite

The most important improper behaviors among adolescents in view of girl students in turn include relationship with the opposite sex, lack of suitable clothing and leaving the house without permission, and the most important improper behaviors among adolescents in view of boy students in turn include violence, smoking, drug use, alcohol use and relationship with the opposite sex.

Adolescents' needs and expectations from family include:
1- Meet materials needs and have healthy entertainments
2- Respect the child's personality and understand him and have comfort at home
3- Lack of discrimination between children

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4- attention to children by parents and close interaction with the child
5- giving the right of freedom to the child and lack of severe control
6- lack of violence at home
7- respect the child
-mean of behavioral damages in friend group goes beyond among girls than boys, concerning relationship with the opposite sex, leaving the house without permission, lies, lack of suitable clothing, unhealthy relationship with friends and improper use of mobile phone.
-in this study, family as an effective factor in development of adolescents does not imply the parent and the effect of their behavior, but neighborhood, weather, nutrition, economic status, relative's behavior and guests' interaction all will affect adolescents' behavior and development.

Suggestions
1- it is suggested to the parents to familiarize their adolescents with their world by meeting their emotional needs
2- since changes in puberty are important to adolescents and any misconception or defect notification will damage them, giving information taken from academic background is required to refrain the adolescents from seeking unauthentic sources.
3- indirect and constructive control on coming and going and telephone dialogues out of ethical framework of adolescents is required.
4- Magnanimity and forgiveness together with giving information by parent is a suitable opportunity to have a revision on adolescents in their unethical behaviors.
5- develop the question-response sessions by presence of parents in education environments to improve awareness level of family from making the family environment healthy.
6- enhancing library sources at school especially scientific books which are in relation to adolescents' problems can affect development and awareness of adolescents.
7- an attempt to improve awareness level of students on how to select friend must be made by family and school
8- make suitable and close relationship between parent and children
9- pay attention to education problems such as disability in learning, dropout and so forth
10- pay attention to religious education and increase faith in adolescents
11- familiarity of parents through proper use of internet, computer and necessary approaches to protect children from internet damages cause the parents conduct their children how to use computer and internet applications and avoid time consuming and provide security for children.
12- under current conditions, it cannot let the child to be alone for the excuse of maintenance of the child's independence. The parents must take consideration about children's friends and relations.
13- increasing students' trust to provide opportunities to compensate mistakes and extending students' referral to counseling room must be taken into consideration
14- as religious development of adolescents comes to realize at school followed by home, it can persuade the adolescents by providing the areas such as obeying from religious instructions and facilitate adolescents' religious development
15- group activities at various areas must be encourage in order to provide the causes from social development of adolescents
16- organize education classes in order to resolve problems
17- organize and validate family counseling centers by coloration of parents-teachers association
18- enhance family entity regarding origins of family bonds, revision on associated rules and regulations, prevention from social damages, development of economic affairs, modification structure of school
19- enhance national identity of adolescents concerning ideals of Islamic revolution, provide an infrastructure for intellectual and scientific development, attempt in resolving job, marriage and housing concerns, attention to requirement at adolescence period and the needs and expectations of adolescents

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